THE CHENNAI

TOGETHER WE STAND

GREATER CHENNAI CORPORATION

#StopTheSpread

GCC received award from Government of India for "Innovation and Best Practices"

Greater Chennai Corporation's serious efforts to promote segregation, implementation of plastic ban, recycling of dry waste and composting of wet waste has helped GCC to win an award from the Government of India through Ministry of Housing and Urban Affairs for "Innovation and Best Practices" in solid waste management among the mega cities (Above 40 lakh population).

GCC received the Hon'ble CM's Best Practices Award

On the occasion of 74th Independence day special event held at the Secretariat on 15.08.2020, Greater Chennai Corporation has received the Hon'ble CM's Best Practices Award for conducting more than **30,000 Fever Clinics** across all the zones in the city from the initial stages of the spread of COVID-19, which has helped in breaking the chain of spread in the city.

Green Corridor – GCC's special initiative to save lives

COVID-19 affected people at home isolation who develop sudden severe symptoms, and calls TCC, the patient's condition is assessed by a TCC coordinator at first. If the severity of the infection is more and the patient needs emergency medical assistance, the Green Corridor process is done, where the ambulance covers the distance from the patient's home or private hospital to the GH, in minimal time. All the signals in the path are given clearance for turning green, and the traffic is coordinated in such a way, that the patient reaches the hospital for the timely treatment.

Home Isolation – GCC makes home isolation an easy process

Home-isolated Corona Positive Patient Monitoring System has 120 Volunteers, supervised by 4 team leads. A home quarantined COVID-19 positive patient will be followed up using this system for the first 10 days and will be advised to be in home quarantine for the next 7 days as well. We have three teams to monitor the patient's health, which includes Emergency team, Hygiene team and General team. From sanitizing the patient's house, to arranging ambulance for them in the case of any emergency, these teams make sure that the home isolation of the COVID-19 positive patient is a hassle-free time period.

COVID-19 TELE COUNSELLING CENTER

THE TEAM

04 MEDICAL PROFESSIONALS 24/7	07 PSYCHOLOGISTS	06 TCC TELE CALLERS
11 COORDINATORS &	230 HOME-BASED VOLUNTEERS	12 TCC VOLUNTEERS
02 108 EXECUTIVES 24/7	07 PUBLIC HEALTH MANAGERS 24/7	96 FIELD LEVEL VOLUNTEERS

Greater Chennai Corporation has set up a team of medical professionals and volunteers to provide Medical Counselling through video calls and phone calls to help the general public in these times of COVID-19. Launched on March 25th 2020, COVID-19 Tele Counselling Centre set up in Amma Maaligai, Greater Chennai Corporation focuses on the following services with an efficient team - contact tracing of positive patients, following up with the positive patients quarantined at their homes and also provides medical counselling through video consultation. Distress calls are escalated to psychologists for intervention through counselling sessions.

Mental disharmony among people during this pandemic far exceeds the physical struggle they undergo. To provide a solution for this, a "Psycho-Social Support" team, led by a group of highly skilled psychologists, has been established at the COVID-19 Tele Counselling Centre, to provide intervention to the public and the COVID-19 patients by taking them through counselling. Emergencies with regards to people who are psychologically affected by anxiety, stigma, fear, desperation etc. are being taken into consideration and are coordinated with the field level volunteers for social support. This helps the public to cope up with their emotional turmoil.

From convincing a caller against Euthanasia to making a patient believe that suicide is not the way to go through, the team has been working tirelessly, making a difference among the people of Greater Chennai Corporation. The team believes that through kind words, a bit of reasoning and sincere counselling, people can be relieved from any stress and sustain peace and harmony.

Total calls recorded from 26th March till 31st August 2020 (Incoming + Outgoing) = 11,90,902

Contact Tracing – An effort to stop the Spread of COVID-19

CONTACT TRACING is a process of identifying, assessing, and managing people who have been exposed to COVID-19 to prevent the disease transmission. Identifying the people who have come into contact with a COVID-19 affected person would help in stopping the transmission of the infection in the community. The contacts can be classified into High Risk Contacts and Low Risk Contacts.

The two-level mechanisms of Contact tracing are Field Investigation Method and Tele Counselling Method. In this process, Identifying, Listing, Categorizing, Testing and Monitoring the contacts are carried out in a well-planned manner to avoid the spread of COVID-19 further in the city. The sooner health officials can alert close contacts, the lower the risk of the COVID-19 spread can be achieved. Contact tracing is an effective tool used by Greater Chennai Corporation to reduce the spread and control the COVID-19 outbreak.

Medical Counselling - Just an App Away

GCC Vidmed is an initiative by the Greater Chennai Corporation to provide 24x7 free-of-cost telemedicine services for the residents of Chennai. This app enables the people to consult a doctor through Video call option which in turn reduces the risk of spread of the COVID-19 since hospitals are potential hotspots for virus transmission. GCC Vidmed has enabled early diagnosis of COVID-19 symptoms and treatment which brings down the number of complications and death.

A team of doctors works through the clock and after consultation, the necessary steps for the treatment are taken. Apart from the COVID-19 related health queries, patient may consult for other medical issues like diabetes, hypertension etc. The patients are prescribed medicines and ambulance is arranged for those who need it for the conveyance to the hospitals. With more than 5000+ downloads, this app has made it easier for both the patients and the doctors as consultation becomes much more instantaneous.

Dash board Data till 02-09-2020

Total Positive Cases	Recovered	Active Cases
1,34,436	**1,22,407**	**12,537**

No. of persons tested (04-07-2020 till 02-09-2020)	Deaths
7,20,499	**2,788**

S.No	Zone	Recovered	Deaths	Active Cases
1	Thiruvottiyur	4041	130	314
2	Manali	1991	29	154
3	Madhavaram	4337	68	509
4	Tondiarpet	10760	274	726
5	Royapuram	12390	287	994
6	Thiru.Vi.Ka Nagar	9319	280	918
7	Ambattur	8468	153	965
8	Anna Nagar	13876	310	1461
9	Teynampet	12094	388	865
10	Kodambakkam	13972	300	1383
11	Valasaravakkam	7592	141	914
12	Alandur	4290	80	760
13	Adayar	9298	190	1099
14	Perungudi	3918	68	518
15	Sholinganallur	3270	31	528
16	Other District	2791	59	429
	Total	**1,22,407**	**2,788**	**12,537**

Fever Clinics Details from 08-05-2020 till 02-09-2020

Total No. of Camp	Total Nos Attended	Avg OP per Camp
41,651	**22,29,559**	**54%**

No. of Symptomatic Cases	Total Swab taken
1,30,533	**1,24,777**

S.No	Zone	No. of Camp	Nos Attended	Avg OP per camp	No. of Symptomatic Cases	Percentage %	Swab Taken
1	Thiruvottiyur	1599	83138	52	9574	12	9369
2	Manali	705	45497	65	1593	4	1548
3	Madhavaram	1138	72184	63	2343	3	2321
4	Tondiarpet	3445	122732	36	17595	14	17434
5	Royapuram	3868	160004	41	13873	9	12716
6	Thiru.Vi.Ka Nagar	4002	248499	62	13603	5	13563
7	Ambattur	2630	158501	60	2575	2	2565
8	Anna Nagar	4108	176385	43	12404	7	11898
9	Teynampet	4237	238624	56	16151	7	15057
10	Kodambakkam	3665	234458	64	6704	3	5374
11	Valasaravakkam	2593	130876	50	7833	6	7769
12	Alandur	2471	128582	52	5565	4	4973
13	Adayar	3045	190537	63	7376	4	7072
14	Perungudi	2044	120562	59	6721	6	6648
15	Sholinganallur	2101	118980	57	6623	6	6470
	Total	41,651	22,29,559	54	1,30,533	6	1,24,777

37 Sample collection centers and 12 screening centers are active in the city for COVID-19 testing in which more than 9,00,000 samples are taken.

3,500 active Focus Volunteers are appointed to provide help at the door step for the houses under Home Quarantine and Home Isolation.

51 active COVID care centers and 15,933 beds ready to treat asymptomatic patients.

FAQS

1. Should I test immediately after the onset of symptoms?

Yes, it is mandatory to get tested at the earliest. If you are aware that you have been within 6 feet of any COVID-19 positive patients, please contact the Tele-Counselling Center Helpline (044- 46122300) or Zonal Helplines or GCC VIDMED app. Zone wise helplines are given in the appendix. GCC VIDMED app is available only on Google Play store.

2. What should I do if my COVID-19 test result is positive?

As soon as you know that your test result is positive, do not panic. Know that there is nothing to worry if you comply with the protocol.

- Isolate yourself from everyone in your house immediately and don't step out of your house, under any circumstances.

- Kindly cooperate with the healthcare workers who will visit your house or contact you. Depending on your health condition/infrastructure of your home, they will ask you to isolate at home or transfer you to a hospital.

- They will also fix a sticker outside your house. Understand that this is for your family's well-being.

3. What are co-morbid conditions?

Comorbid conditions are any long-term illnesses or complications to health, for which a person may be on regular medication. These conditions, if present, put an individual at higher risk of developing and succumbing to COVID-19. Common comorbidities are

- Diabetes

- Hypertension

- Cancer

- Asthma

- COPD (or any progressive lung diseases)

- Any kidney or liver problems

- Depression

4. What is the period for quarantine if I come from another state/country?

If you are travelling in from a state or a union territory or a country, you should be home quarantined for 14 days. Only symptomatic people will be tested and quarantine plan will be based on the test results. All the people travelling to Tamil Nadu from other countries should have a negative RT-PCR test result taken 96 hours prior to the arrival.

MEESSAGE FROM DISTRICT PROGRAMME OFFICER (HEALTH)

As the world is grappling with ways to deal with the COVID-19 pandemic, the Greater Chennai Corporation has risen to the occasion to tackle the predicament. Chennai, despite being one of the populous cities, has succeeded in keeping the mortality rates well below the national average. The Tele counselling initiative by the GCC, based on a comprehensive care model catering to the physical, medical, and psychosocial needs of the city's residents, has been fighting against all odds to fulfil the various needs of the Chennai residents during the pandemic.

The center has come a long way since it started functioning in late March. Following up on patients and travelers for symptoms and referring for testing, providing psychosocial support, professional counselling, admission coordination with hospitals, coordination of relief for the needy, contact tracing through calls and Data Records, are some of the activities undertaken by the GCC.

The center has also gone the extra mile by intervening in cases that require special attention. Some instances include coordinating Green Corridors successfully, in which a COVID-19 positive patient on ventilator support was transferred from MIOT hospital to Stanley hospital in a mere 19 mins and 43 secs. On another instance, a coordinator successfully intervened when a family of a COVID-19 patient deceased expressed suicidal thoughts and followed up every day until they felt better.

The volunteers working in this project undergo intensive training for tracing contacts, providing psychosocial support, and following up on contacts and discharged patients. It is the sheer will to make a difference during these trying times that drives these volunteers to give it all.

Wear Mask

Maintain Social Distancing

Wash Hands Regularly

Dr. Pradeep Selvaraj
MBBS., MD., PGDCD
District Program Officer (NCD)

GCC Vidmed App

For all your COVID-19 related queries, use the below link to download GCC Vidmed app,

https://bit.ly/2Abh56p

Corona Monitoring App

For COVID-19 Patients and Symptoms monitoring, use the below link to download Corona Monitoring app,

https://bit.ly/3iyizrQ

Namma Chennai App

To register all your queries and complaints, use the below link to download Namma Chennai app,

Play Store,

https://bit.ly/3g2J7Rd

iOS,

https://apple.co/319LgUY

GCC Ripon building Covid care and Mental health Control room numbers

044 4612 2300 | 044 2538 4520

Zonal wise covid control room numbers		
ZONE 1	Thiruvottiyur	044 4655 6301
ZONE 2	Manali	044 4655 6302
ZONE 3	Madhavaram	044 4655 6303
ZONE 4	Tondiarpet	044 4655 6304
ZONE 5	Royapuram	044 4655 6305
ZONE 6	TVK Nagar	044 4655 6306
ZONE 7	Ambattur	044 4655 6307
ZONE 8	Anna Nagar	044 4655 6308
ZONE 9	Teynampet	044 4655 6309
ZONE 10	Kodambakkam	044 4655 6310
ZONE 11	Valasaravakkam	044 4655 6311
ZONE 12	Alandur	044 4655 6312
ZONE 13	Adayar	044 4655 6313
ZONE 14	Perungudit	044 4655 6314
ZONE 15	Sholinganallur	044 4655 6315

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